# **Cheshire YMCA Developmental Travel Medical Information**

(to be filled out by <u>every</u> student's <u>parent</u> or <u>legal guardian</u> & brought to the next meeting)

## **Personal Information:**

Group Letter: \_\_\_\_\_

Student's Name:	Student's date of Birth:
Home Address:	Home Phone Number:
Father's Name:	Mother's Name:
Father's Address: (if different from home address)	Mother's Address: (if different from home address)
Father's Employer:	Mother's Employer:
Work Phone Number:	Work Phone Number:
Cell Phone Number:	Cell Phone Number:
Insurance Information:	

Do you carry Medical/Health Insurance?	Yes	🗖 No	
If so, indicate Carrier:			Policy or Group #:
Name of Insurance Subscriber (Father/Mother, et	c):		

Medical Information: (Check all that apply)

Health History	Allergies		
(Give Approximate Dates)			
None of the Below Ailments Apply	No Allergies Known		
Frequent Ear Infections	Hay Fever		
Heart Defect/Disease	Poison Ivy/Oak, etc.		
History of Seizures/Epilepsy, Black outs	Insect Stings Allergies		
Diabetes	Penicillin/Amoxicillin		
Bleeding/Clotting Disorder	Other Medication or Antibiotic Allergies		
Hypertension	List/Type:		
Recent Bed Wetting	Food Allergies:  Peanut  Other Nuts (list)		
Neck/Back Pain/Injury	🗖 Corn 🗖 Dairy 🗖 Other		
Recent Mononucleosis	List All/Any Other Food Allergies:		
Motion Sickness			
Sleepwalking	Asthma: 🗆 Yes 🗖 No		
Cramps/Months of difficulties	Does your student use an inhaler?   Yes  No		
Headache/Migraines	What type of inhaler?		
ADD/ADHD	Will your student bring an inhaler on tour?		
Depression/Anxiety	Yes No		
Any Other Recent Serious Injuries/Hospitalizati	ons Is your student a vegetarian?   Yes  No		
(not listed above):	If yes, what type?		
Please explain any dietary restrictions or specia	al diets:		

Name of dentist/orthodontist: \_\_\_\_\_ Phone #: \_\_\_\_\_

Name of family physician: \_\_\_\_\_ Phone #: \_\_\_\_\_

Last Tetanus immunization Date: \_\_\_\_\_

Cheshire YMCA 32 Lake St. N. Swanzey NH 03431 - (603) 352 - 0447; FAX (603) 352 - 0516

## **Over The Counter Medications:**

While we are on tour, we bring the following over the counter stock medications. If you wish to give permission for your student to be medicated if needed while on tour, please check any boxes that would apply:

Medication			Medication		
All medications listed as needed	□ Yes	□ No	Cough Syrup	Yes	🗖 No
Dramamine or generic equivalent	Yes	🗖 No	Ibuprofen / Advil / Motrin (pain, fever)	Yes	🗖 No
Acetaminophen / Tylenol (pain, fever)	Yes	🗖 No	Pepto-Bismol	Yes	🗖 No
Tums/Chewable antacid	Yes	🗖 No	Sudafed or generic equivalent	Yes	🗖 No
Anti-diarrheal / Imodium	Yes	🗖 No	Cough drops	Yes	🗖 No
Sore throat lozenges	Yes	🗖 No			
Benadryl or generic equivalent (allergy)	Yes	🗖 No			

#### Please List All Current Medications Your Student Will Be Taking While On Tour:

Medication	Directions		
Any Additional Comments or Pertinent Medical Information:			

### Emergency Information: (to be contacted if parents/guardians are unavailable)

Please provide full name, full address [street/town/phone number (area code and 7 digit #)] and relationship with student

1.		
2.		
3.		

#### Student's Health/Accident Responsibility For Travelers

Safety, health consciousness, and accident prevention are constant concerns of the staff of this YMCA Travel Programs....but accidents do periodically occur and participants periodically become ill, on tour as well as at home. As nearly all the families who participate in this YMCA's travel Program carry their own Health and Accident Insurance (i.e. BC/BS) and when billed by hospitals, clinics or medical doctors, each family covers these responsibilities, it is wasteful for this YMCA to duplicate family coverage and pass on additional expense. Whatever coverage we previously carried has had low limits, disclaimers and exclusions so that coverage was minimal compared to Individual Family Plans. Accordingly,

THE CHESHIRE YMCA DOES NOT CARRY ACCIDENT/ILLNESS/DEATH OR DISMEMBERMENT INSURANCE ON ANY OF ITS TRAVELERS IN YMCA TRAVEL PROGRAMS. IT IS THIS YMCA'S POSITION THAT EACH TRAVELER'S HEALTH IS THEIR OWN RESPONSIBILITY OR THAT OF HIS/HER RESPECTIVE FAMILY.

If a family self-insures or does not have any medical coverage, they recognize that we do not carry health and accident insurance and they recognize that each participant's medical expenses are their family's responsibility should such expenses be incurred.

As parent/guardian of the student on this form, I have read and understand the program information and the health/accident policy. In case of emergency, I hereby give my permission for emergency care and treatment.

Parent/Guardian Signature